**Some Locations To Buy Weighted Blankets**

[**http://www.nanasweightedblankets.com.au/**](http://www.nanasweightedblankets.com.au/)

[**http://www.sensoryhaven.com.au/**](http://www.sensoryhaven.com.au/) **(based in Adelaide)**

[**https://www.calmingmoments.com.au/shop/index.php?route=common/home**](https://www.calmingmoments.com.au/shop/index.php?route=common/home)

**Some Websites On How To Make Yourself**

<http://craftnectar.files.wordpress.com/2009/08/weighted-blanket-pattern2.pdf>

<http://diagnosissoup.blogspot.com.au/2012/04/how-to-make-weighted-lap-pad.html>

<http://qualityplasticpellets.com/2012/09/10/how-to-make-a-weighted-lap-pad/>

<http://www.articles.complexchild.com/june2009/00130.pdf>

<http://www.nancyzieman.com/blog/sewing-with-nancy/sew-a-weighted-blanket-for-children-with-sensory-disorders/>

<http://craftnectar.com/2009/09/03/calming-the-senses-with-weighted-blankets/>

<http://au.2good.info/search?k=poly%20pellets&cid=1-2-1-1-7>

<http://www.ebay.com.au/sch/sis.html?_nkw=1%20x%20Kilo%20Plastic%20Poly%20Pellets%20For%20Weighted%20Blankets%20Quilts%20and%20Toys&_itemId=261602972031#shpCntId>

<http://www.ebay.com.au/itm/5-Kilos-Plastic-Poly-Pellets-For-Weighted-Blankets-Quilts-and-Toys-/230900869027?lgeo=1&vectorid=229515&clk_rvr_id=707512657182\>

<http://qualityplasticpellets.com/2013/01/04/a-warm-night-in-the-diy-guide-to-a-weighted-blanket/>