

Giving Losec (Omeprazole) – Spoon Method

- Prepare your child's favourite solid ready to give in advance near you.
- Place the Losec tablet on a tablespoon with a small amount of water.
- Push the tablet around with a teaspoon until it disperses. It will not dissolve but there will be little black bits in the water.
- Put some on the spoon and then on the front of the spoon put a small amount of solid. The aim is to have the solid in front of the Losec. This way they do not taste it.
- Put in the child's mouth
- It should take 4-5 spoons to give the child the medication.
- If needed you can put a little extra water on the tablespoon.